

## Castle Rock Dermatology

303-688-6355

### Pre-Operative Instructions

1. 1.5 – 2 weeks prior to your scheduled surgery do not take any Aspirin or Ibuprofen products, as these can increase bleeding; unless these are Doctor prescribed. If Doctor prescribed please continue as directed.
2. 48 hours prior to your surgery do not take any Garlic, Alcohol, Ginkgo Biloba, or Vitamin E; unless prescribed by one of your doctors.
3. There will be a large bandage on the area. If you have a lot of hair in this area, you might shave this area 1 day before surgery so that it does not hurt when you remove the bandage.
4. You will not be able to shower for 48 hours following your surgery.
5. You should not travel out of town for at least 5 days after surgery.
6. Surgery will take approximately 1 hour. Numbing is achieved by using Lidocaine, the same medicine used for the biopsy.
7. Activity limitations are no heavy lifting or strain on the surgical area for 3 to 6 weeks.
8. Suture removal is done by appointment in our office usually 2 weeks following surgery.